



Shala

AT THE BEACH

Join a scheduled class, or book a private class for yourself & friends

Consistency

First Class Free
Per Class R70.00 per person

Package Options valid for 1 month:
Twice a week R400.00 per person
Unlimited R500.00 per person

Indoor classes limited to 5 people.
Beach classes limited to 10 people.

Flexibility

Private Classes at The Shala or at a private venue of your choice can be booked at a time convenient to you.

Travel is included for locations between Umdoni & Scottburgh.

Rates depend on group size
Subject to availability

Whatsapp Shay to book or for more information: +27 817890845